



# System of Care for CSHCN meeting all age relevant core outcomes in North Dakota

Effective promotion of health and health services for children with special health care needs (CSHCN) in North Dakota (N.D.) requires a system of care that is integrated, comprehensive, coordinated, family centered and consistent across the life course (or lifespan). Ideally, these systems are easy to navigate and foster positive experiences between families and health service providers. Advancing integrated systems of care for CSHCN and their families is a national mandate under Public Law 101-239 and is a priority reflected in the Healthy People goals set forth by the U.S. Department of Health and Human Services from 2000 to 2020. To help determine progress towards these goals, the Federal Maternal and Child Health Bureau established the following six core outcomes that facilitate integrated systems of care for CSHCN:

- 1. Partners in Decision-Making
- 2. Medical Home
- 3. Adequate Health Insurance
- 4. Early and Continuous Screening
- 5. Ease of Community-Based Service Use
- 6. Transition to Adulthood (age 12-17 years only)

The National Survey of Children with Special Health Care Needs (NS-CSHCN) was designed to provide information on the CSHCN population and to assist in the measurement of these core outcomes. Using low-threshold criteria for meeting each core outcome, and "overall system of care" summary measure is calculated by evaluating the number of N.D. CSHCN meeting all age-appropriate core outcomes: Outcomes #1-5 for CSHCN age birth through 11 and Outcomes #1-6 for CSHCN age 12 through 17. In N.D., 22.4 % of CSHCN age birth through 11 met all five core outcomes, with prevalence ranging from 13.0% to 27.5% across states. CSHCN age 12 through 17 are less likely to meet all six core outcomes in N.D. (13.3%), with prevalence ranging from 7.5% to 22.2% across states for this age group. Assessment of the variation between states and within demographic or other subgroups of CSHCN is critical to developing appropriate interventions and policy responses.

#### Age 0-11 years:

**16.2%** 

**15.6%** 

**18.8%** 

22.4%

30.2% Privately insure

CSHCN with one or more EBD\* issues

CSHCN with more complex needs

Publicly insured CSHCN

All CSHCN age 0-11 Privately insured CSHCN

#### Age 12-17 years:

3.1%

6.5%

9.9%

13.3%

**17.7%** 

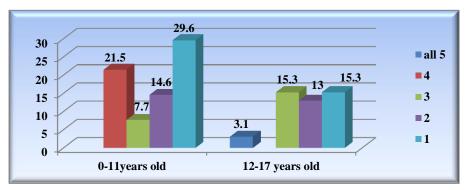
Publicly insured CSHCN

CSHCN with one or more EBD\* issues

CSHCN with more complex needs

All CSHCN age 12-17 Privately insured CSHCN

## Percentage of CSHCN Meeting all Age-Relevant Core Outcomes by Number of Screener Criteria Met in North Dakota



- The CSHCN Screener includes five types of consequences, selected among numerous possible health service need consequences children with ongoing conditions may experience: (1) prescription medication use, (2) above routine service use, (3) specialized therapy use, (4) treatment for EBD\* and (5) limitations in daily activities compared to similar age children.
- The more of these criteria N.D. CSHCN meet, the less likely he or she is to be served by a system of care that meets all age-relevant core outcomes.

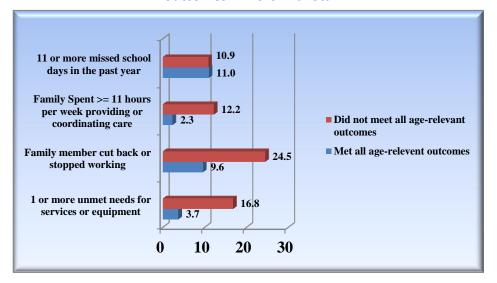
<sup>\*</sup>Emotional, behavioral or developmental





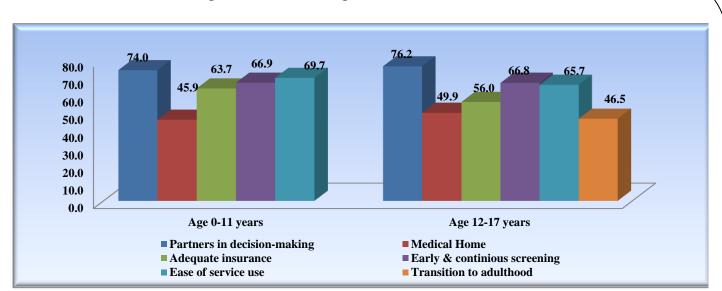
respect
resilience
face challenges
family-centered
lasting relationships
integrated
consistent personalized
reliable optimal timing
accessible
healthy communities
organized active engagement self care
prevention reduce disparities
health systems lasting effects
usual source of care whole person
decrease riskinformed decisions
early determinantsopen dialogue
improve health outcomes
affordable
culturally acceptable efficient
early identification
positive intervention
care coordination
timely no unmet needs
collaboration

Experience with care, impact on the family and missed school for CSHCN age birth through 17 years who did and did not meet all age-appropriate core outcomes in North Dakota



 In N.D., CSHCN served by systems of care that meet all ageappropriate core outcomes are less likely to have unmet needs, have a smaller impact on the family and miss fewer school days than CSHCN whose care does not meet all age-relevant core outcomes.

### Percentage of CSHCN Meeting Each Core Outcome in North Dakota



- Core Outcome #2: Medical Home and Core Outcome #6: Transition to Adulthood (CSHCN age 12 through 17 years only) are the two outcomes least likely to be met in N.D., for both age groups.
- For both age groups, more CSHCN met Outcome #4: Families are partners in decision making at all levels.

**Trending Across Survey Years:** Some of the outcomes have changed between survey years. Therefore, system of care data for 2009/10 cannot be compared to 2005/06 or 2001 data.